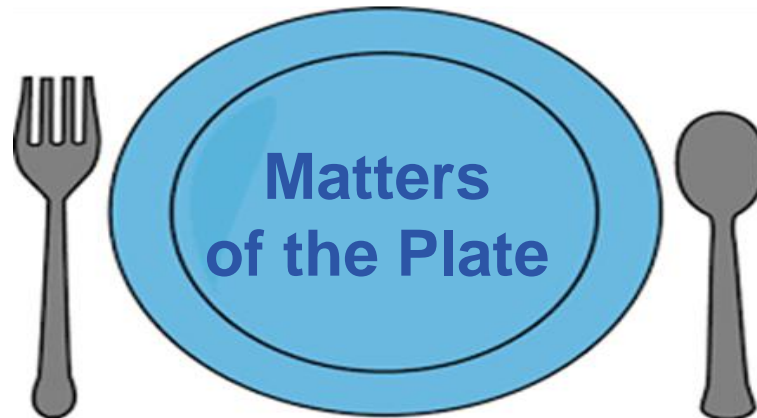


A decorative border of green leaves of various sizes and shades is located at the top left of the slide.

“Matters Of The Plate”

A Volunteer Meal Assistance Program (MAP)



Wendy López, RD
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June 2017



Outline

- Malnutrition In Canada Eh?
- Cost of Malnutrition
- Let's Talk About MAP Baby!
- Evaluating The Aims
- Sustainability



Super Size Me!



5 cups
270 calories



Tub
630 calories



3-inch diameter
140 calories



5-6-inch diameter
350 calories



333 calories



590 calories



Original 8-ounce bottle
97 calories



20-ounce bottle
242 calories



Malnutrition In Canada Eh?





Co\$ Of Malnutrition

- 2-3 days longer in hospital
- \$2000 additional cost/patient's stay
- 2x more likely to be readmitted within 15 days
- ↑ risk for pressure injuries, delayed wound healing and falls





Eating – A Basic Need





Let's Talk About MAP Baby...





Volunteer Meal Assistance Program





It's A Team Thing!





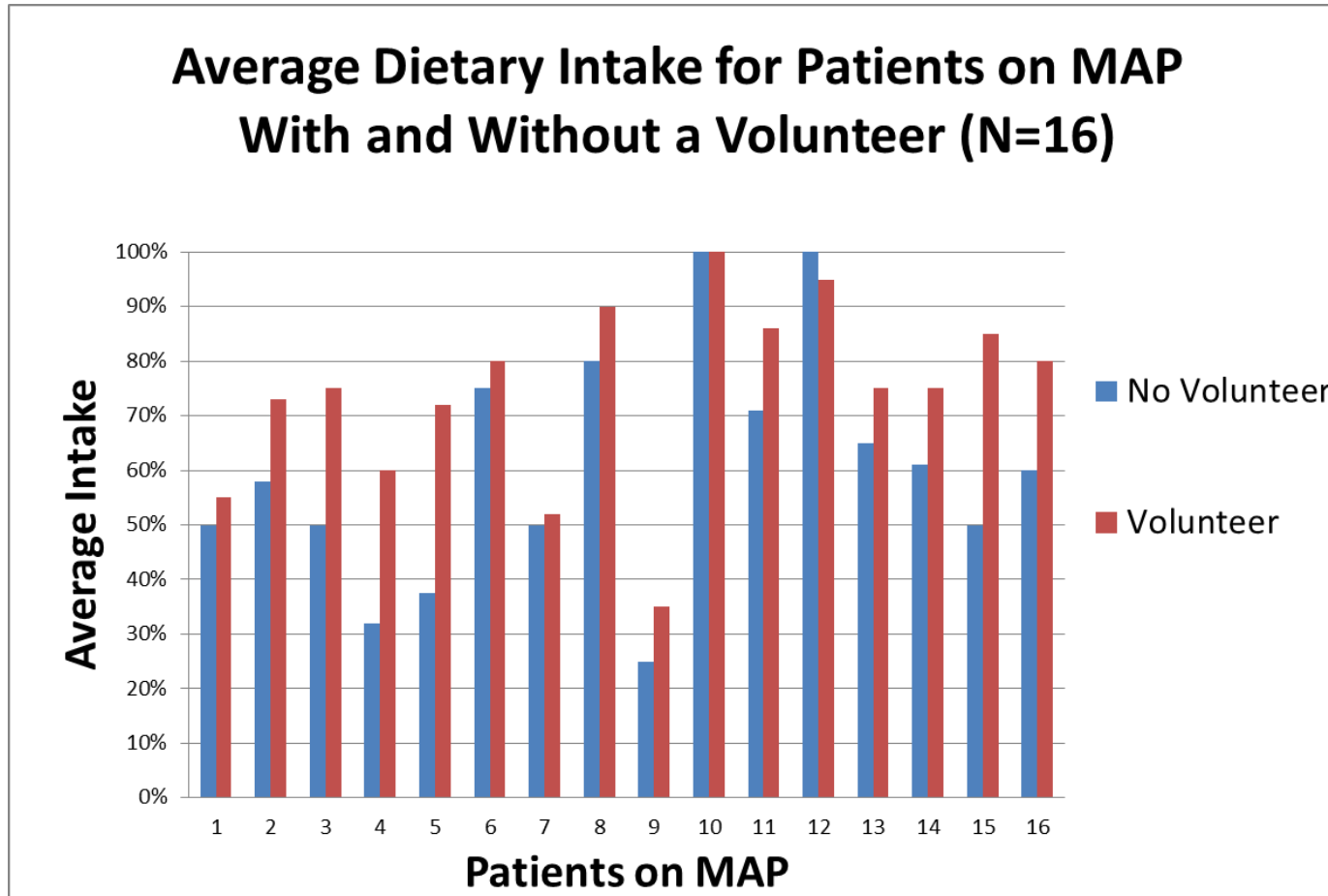
MAP Referrals

- Poor intake
- Weight loss
- Difficulty opening containers
- Additional monitoring
- Benefit from socialization

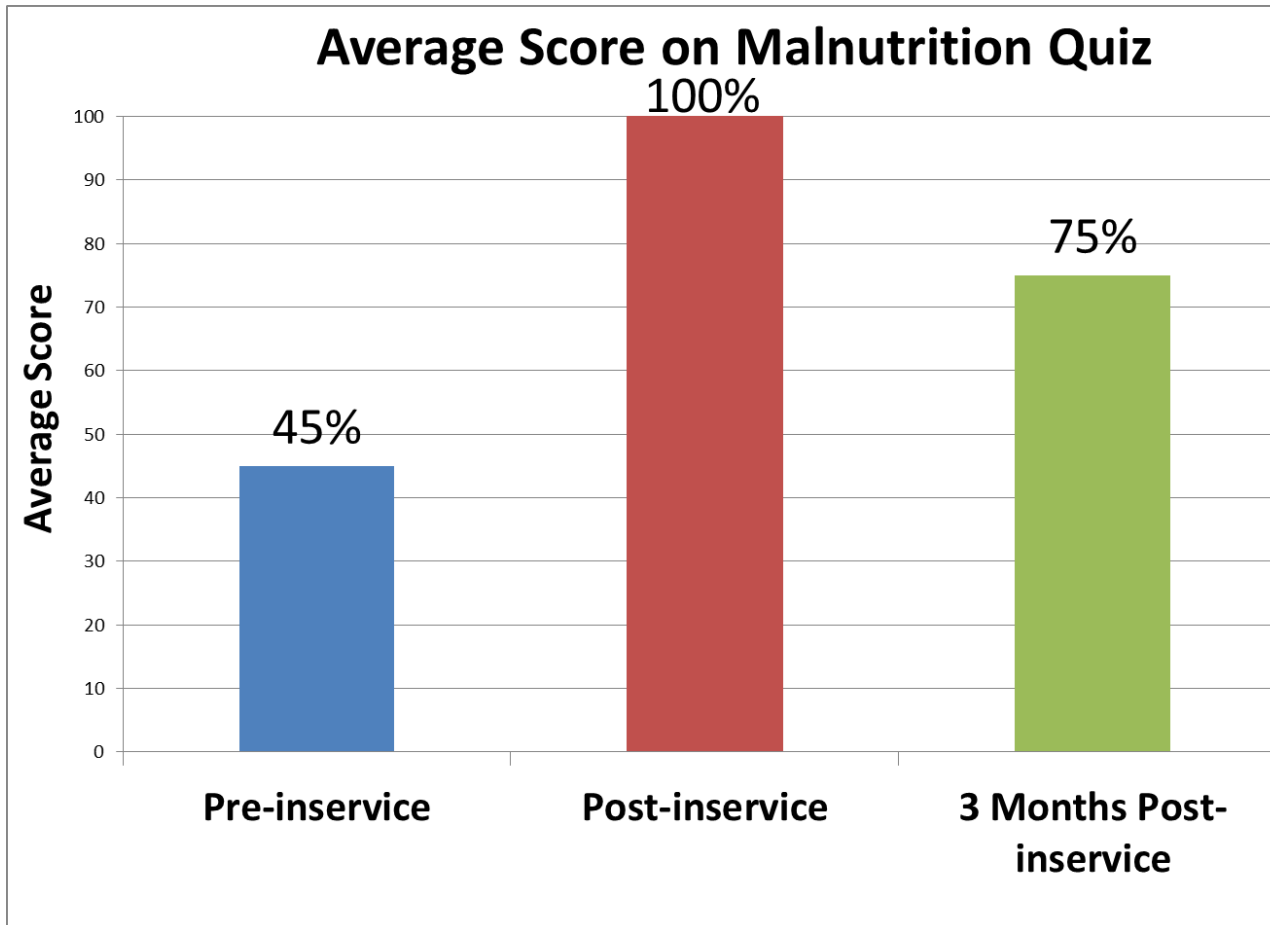




Evaluating The Aim: Increase in Intake



Evaluating The Aim: Increase in Knowledge





Success!





Sustainability

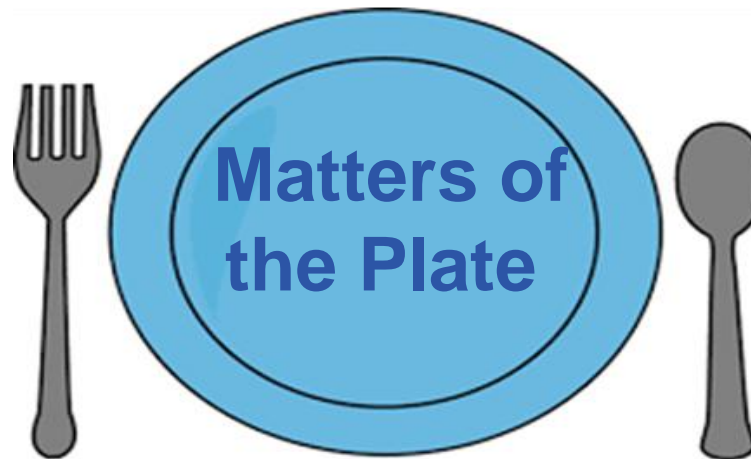
- Continue to collect data
- Advocate for MAP Coordinator
- Continue recruitment of MAP Volunteers
- Continue to network and share lessons learned





Road To Recovery...

Improving a Patient's Nutritional State With





Need A MAP?

Wendy López, RD

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